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SCOTTISH ATHLETICS FEDERATION



NATIONAL CROSS-COUNTRY

CHAMPIONSHIPS

FOR MALES AND FEMALES

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BEACH PARK
MAGNUM LEISURE CENTRE
IRVINE

SUNDAY, 13th FEBRUARY, 1994
at 12.20 p.m.

OFFICIAL PROGRAMME 50p

*It's worth coming
cross country to
visit the new*



The race is on - to get to the new look Magnum Leisure Centre. Forget the competition, the Magnum's got it all. Everything from fun slides to ice and kids softplay to bowling.

Why not get in a spin with Scotland's first spacebowl - a water flume with a difference or simply sit back, relax and enjoy an after activity refreshment.



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TIMETABLE

- U-14 BOYS (2 miles/3200m) at 12.20 p.m. prompt. Declarations close at 12.05 p.m.
- U-13 GIRLS (2 miles/3200m) at 12.30 p.m. prompt. Declarations close at 12.15 p.m.
- U-16 BOYS (3 miles/4800m) at 12.40 p.m. prompt. Declarations close at 12.25 p.m.
- U-15 GIRLS (2.5 miles/4000m) at 1.05 p.m. prompt. Declarations close at 12.50 p.m.
- U-20 MEN (5 miles/8000m) at 1.20 p.m. prompt. Declarations close at 1.05 p.m.
- U-17 WOMEN (3 miles/4800m) at 1.50 p.m. prompt. Declarations close at 1.35 p.m.
- SENIOR MEN (7.5 miles/12,000m) at 2.10 p.m. prompt. Declarations close at 1.55 p.m.
- SENIOR/JUNIOR WOMEN (4 miles/6400m) at 3.10 p.m. prompt. Declarations 2.55 p.m.
- U-18 MEN (4 miles/6400m) at 3.40 p.m. prompt. Declarations close at 3.25 p.m.

PRESENTATION OF PRIZES IN THE THEATRE
AT 5.00 p.m. APPROX.

SPECIAL NOTICES

1. It must be strictly observed that no warming up will be allowed on the actual course. Disciplinary action may be taken against anyone who disregards this order.
2. Spikes or cross country shoes must be removed before entering the Magnum.
3. In all races, numbers must be worn FRONT.
4. Entries for team events must show the colours of the Club's vest and a vest of these colours must be worn by all members of the team while competing.
5. Athletes and spectators must not encroach on the start/finish area.
6. I.A.A.F. advertising rules will be strictly enforced.

SCOTTISH ATHLETIC FEDERATION OFFICE-BEARERS

Hon. President: W. M. Campbell, C.B.E., Q.C., M.P.

President: J. O. Scott

Vice-President: Mrs R. Booth

General Secretary: R. W. Greenoak

Treasurer: J. A. Innes

ROAD RUNNING AND CROSS COUNTRY COMMISSION

Convener-Road Running and

Cross-Country Commission: R. L. McSwein

Vice-Convener Road Running and

Cross-Country Commission: Mrs E. Gunstone

Hon. Secretary Road Running and

Cross Country Commission: J. E. Clifton

Finance Officer: P. Carton

THE TROPHY

FOR THE OVERALL TEAM PERFORMANCE

Rules Determining Winner of Trophy:—

- Clubs will be awarded points in each race equal to the finishing position of their team. That is, 1st team (1 point), 2nd team (2 points), etc.
- The AT Mays Trophy will be awarded to the Club that scores the lowest aggregate number of points over the five National Championships calculated as per (a).
- If part b fails to obtain a result then only clubs that have finished a senior team and declared teams in all other races are eligible for this Trophy. In this case the Trophy will be awarded to the club with the lowest aggregate number of points calculated as follows:
 - For finishing teams points are awarded as per (a).
 - For declared but non finishing teams the points awarded will be the highest team placing plus 1.The result will be determined for Clubs with 4 finishing teams and if failing to achieve a result, for 3 finishing teams and then 2 finishing teams.
- Clubs not finishing a Senior team are not eligible for this Trophy
- In all cases in the event of a tie the position of the club finishing highest in the Senior race will be adjudged the winner.

The Pat Spence Memorial Trophy will be awarded for the overall women's team performance.

OFFICIALS

Referee: PROF. R MORRISON Clerk of Course: WM BANKS

Assist. Clerk of Course: J MORTON

Judges & Funnels:

MRS H MCGILLIVRAY (CHIEF), F McCLUSKIE, R THOMAS, H ROSS,
A CAMERON, H LAKELAND

Special Assistant: D WILMOTH

Recorders:

A JACKSON (CHIEF), M WILMOTH, H BAILLIE, S BAILLIE, I PEEL,
K McINNESS, G PARROTT, S HARDACRE, M KIDD, I KIDD, K ROWAN,
W ROWAN, J YODEN, I YODEN, A SPROUL, J WILSON, R PRINGLE,
G MOYES, P. HOCKLEY

Timekeepers:

R HUTCHESON (CHIEF), H QUINN, A POULTON, DR D GILMORE,
D McLAREN, V. HOCKLEY

Results:

M COOK (CHIEF), G AITHIE, J UNWIN, R WHITELOCK, M REID,
C DOUGLAS, M WOLFENDALE, S McCRACKEN, K PRINGLE,
M McKINVEN, E CAMERON

Results Runners: C HIGGINS, L A HANVEY

Team Assembly: A SMITH (CHIEF), DR A JOHNSTONE

Press: C SHIELDS

Announcers: A NAYLOR (CHIEF), W MELVILLE

Starters: R PEEL (CHIEF), S PORTEOUS, W ROBERTSON

Drugs: B GOODWIN

Officials Control: J M HAMILTON, B GOODWIN, W BANKS

Stewards: MEMBERS OF IRVINE AC

Finance Officer: P CARTON

Presentations: E YOUNG, J OLIVER, J JACKSON

Reception: R McSWEIN, M GUNSTONE, J E CLIFTON

Declarations:

A McMANUS (CHIEF), T CAMPBELL, C FORBES, K PHILLIPS,
M ROBERTSON, K MELVILLE, M McCULLOCH, F HANNAN, T PARKER,
W SIMPSON, N LUCAS, K HIGGINS, K GEAR, E DUNLOP, G HARROWER

A MESSAGE FROM OUR SPONSORS



I would like to welcome all competitors to the 1994 Scottish Athletic Federation Cross Country Championships.

I am delighted that AT Mays once again has the opportunity of sponsoring these prestigious championships. This is our 11th year of involvement with the National Cross Country Championships, and I am particularly pleased to see all the runners back in Ayrshire at the Beachpark in Irvine, for this the first ever joint championships for men and women. Ayrshire has been AT Mays base since the company was founded in 1956, and through our rapid growth to Scotland's largest, and UK's fourth biggest travel agency, AT Mays has maintained its links with the community and with sporting events in the area.

For the first time, an AT Mays team has been 'persuaded' to run in the championships today! I wish them the very best of luck as they all experience their first taste of cross country running.

The AT Mays Trophy for the best overall team performance, is a major part of our sponsorship involvement, and I would like to wish every runner, in every team, the best of luck in all the events today.

J T MOFFAT
Managing Director

A message from the PRESIDENT OF THE SCOTTISH ATHLETIC FEDERATION

A warm welcome is extended to all athletes who are competing in the first combined National Cross Country Championships.

The Federation admires the initiative of the Commission in holding the joint championship on the one day. It certainly takes a great deal of planning and the organising committee must be congratulated on their efforts.

Our thanks are extended to our Sponsors A. T. Mays, Cunninghame District Council and Irvine Development Corporation, without whose help it would not have been possible to stage these championships.

On behalf of the Federation I convey our grateful thanks to all athletes who are competing, and to the loyal band of officials who are working here today.

J. O. SCOTT, President S.A.F.

A message from CONVENER ROAD RUNNING & CROSS COUNTRY COMMISSION

It is my pleasure, as Convener of the Road Running and Cross Country Commission, to add to the welcome already expressed by Jamie Moffat and Jim Scott.

They have thanked all those responsible for the organisation of today's historic event, but I would like to emphasize my thanks to all those unsung heroes working behind the scenes—I refer, of course to the hard working staffs of the Magnum Leisure Centre and the Beachpark.

An event such as ours places a tremendous strain on already hard working teams, yet I am sure we will all receive a warm welcome and be made to feel that the Complex will be pleased to see us again. Our sincere thanks to you all.

BOB McSWEIN, Convener



BP THISTLE CROSS COUNTRY AWARD

The aim of the BP Thistle Cross Country Award is to encourage the participation of children in cross country running, to enjoy a group activity and improve their general fitness.

There are three stages to the BP Thistle Cross Country Award: Training; Time Improvement; Running Events.

Whether completed as an individual or a group, training can take place in fields, parks, school playgrounds or any safe open space anywhere but a track!

As fitness improves an indicator of the level of improvement is required. This is completed by timing a run over a set distance for the four different age groups.

After successfully completing the first two stages runners will then be able to participate in school or athletics club events.

For further information on the BP Thistle Cross Country Award please contact:

*Jeannette Heggie, Administrator,
BP Thistle Award Scheme,
Caledonia House,
South Gyle, Edinburgh, EH12 9DQ.
Tel: 031-317 7323.*



2nd ANNUAL U-14 BOYS' CHAMPIONSHIP

(Over 12 but under 14 as at 1st January, 1994)

Distance 2 miles/3200m

The winning team to hold the "McKenzie Cup" for 12 months

The winning individual to hold the "Alex Nagle Memorial Trophy" for 12 months

THE RACE WILL START AT 12.20 p.m.

Title holders 1993 — Cambuslang Harriers

Individual Winner — J Cowie (Buckie High School)

TEAMS NOT LESS THAN 4 AND 4 TO COUNT

ABERDEEN A.A.C.—Colours: White Vest/2 Red Hoops.

1, D Cumming; 2, S Mathieson; 3, R Smith; 4, K Jennings; 5, M McDonald; 6, A Fraser

BABCOCK THORN PITREAVIE—Colours: White Vest Gold Trim.

7, M Johnston; 8, S Koronka; 9, G Mathieson; 10, F Osborne; 11, S McDiarmid; 12, N Adam; 13, D McLaren

CAMBUSLANG HARRIERS—Colours: Red Vest/White Band.

14, G Robertson; 15, S Carson; 16, S Barber; 17, J Kealy; 18, G Ferguson; 19, D Munro; 20, S Fisher; 21, N Campbell; 22, G Ford.

CORSTORPHINE A.C.—Colours: White Vest/Black Trim/Side Stripe.

23, B Clark; 24, C Hynde; 25, C O'Brien; 26, A Smith.

CUMNOCK & DISTRICT A.C.—Colours: Black/Red Diagonal.

27, L Faddes; 28, B Menzies; 29, G Gemmell; 30, A Auld; 31, A McCallum.

DUNDEE HAWKHILL HARRIERS—Colours: Blue & White Quarters.

32, K Learmonth; 33, G Camiel; 34, M McDonald; 35, S Brooks.

EAST KILBRIDE A.C.—Colours: Gold with two Black Bands.

36, R Gibson; 37, S Coke; 38, S McCracken; 39, M Smith; 40, H Henderson; 41, K Simpson; 42, S Cross; 43, B Gallacher; 44, I Laird; 45, I Dearie; 46, G Cardle.

EDINBURGH A.C.—Colours: White/two Black Diag. Bands.

47, J Hand; 48, D McLeod; 49, B Cormack; 50, G Swan; 51, S Benson; 52, A Wardlaw; 53, D Harding.

FALKIRK VICTORIA HARRIERS—Colours: Black, Gold Band.

54, D Carr; 55, S Douglas; 56, S Anderson; 57, P Algeo; 58, G Douglas.

FIFE A.C.—Colours: Red Band on White.

59, C Michie; 60, A Cassells; 61, G Brown; 62, D Greene; 63, J Seeley; 64, R Juskowiak; 65, M Patterson; 66, K Black; 67, A Cassidy.

GEORGE HERIOT'S SCHOOL—Colours: White with Blue Band.

68, O Leslie; 69, I Purves; 70, H Ogilvie; 71, S Campbell; 72, P Cormack.

GLENIFFER HIGH SCHOOL—Colours: Red/Black & Sky Blue.

73, D May; 74, R Clugston; 75, A McDonald; 76, S Copland; 77, B Christie; 78, J Robertson; 79, J McCaig; 80, A Neeson; 81, A Baird; 82, S Close.

HADDINGTON E. L. P/MAKERS—Colours: Red & White Horiz Halves.

83, D Hastie; 84, D Snodgrass; 85, B Harris; 86, A Cox.

IBM SPANGO VALLEY—Colours: Blue/Yellow Vert Stripes.
87, G Auld; 88, A Sutherland; 89, D Watson; 90, I Fisher; 91, D Morgan.

INVERNESS HARRIERS—Colours: Gold Vest & Maroon Bands.
92, C Cook; 93, A Broadbent; 94, I Mackenzie; 95, B Murdoch; 96, M Forsyth; 97, S Brock; 98, S McIntyre; 99, K White; 100, J Coggs.

IRVINE A.C.—Colours: Red/Navy Blue Trim.
101, S Higgins; 102, R Collins; 103, G Hershaw; 104, J Monaghan; 105, J Hamilton; 106, D Marshall; 107, A McInroy.

JOHN GREIG (BUILDERS) CENTRAL—Colours: Yellow with Blue Trim.
108, F McHardy; 109, C Finlay; 110, A Parkhouse; 111, C Logan; 112, R Morrison.

KILBARCHAN A.C.—Colours: Gold Vest/Black trim.
113, H Campbell; 114, S Dock; 115, D Lammie; 116, M Lightbody; 117, A Greig; 118, D McCormack; 119, F Mc Grath; 120, M Byrne.

KIRKINTILLOCH OLYMPIANS—Colours: Sky Blue Vest/one Black/one White Hoop.
121, W Earnshaw; 122, P Mathieson; 123, E MC Loone; 124, J McLoone; 125, S Lang.

MARYHILL HARRIERS—Colours: Royal Blue Vest.
126, J McLeod; 127, G Mulheron; 128, S McGurn; 129, O Tunney; 130, W Milne.

MINOLTA BLACK ISLE A.C.—Colours: Black with Red Diagonal.
131, D Melville; 132, C Barnsby; 133, A Mackenzie; 134, S Maclean; 135, A Jarrett; 136, Graham; 137, A Matheson; 138, S Duncan.

MORAY R.R.—Colours: Day Glow/Black Trim.
139, D Robertson; 140, N Malone; 141, R Thornhill; 142, P Thornhill.

PERTH STRATHTAY HARRIERS—Colours: Orange/Blue Trim.
143, N Reid; 144, A McDonald; 145, R McNally; 146, I Menzies.

SPRINGBURN HARRIERS—Colours: Navy Blue/White Diamond.
147, S Breslin; 148, S Owens; 149, M Jamieson; 150, K Taggart.

TAYSIDE A.C.—Colours: Pale Blue/Black Shorts.
151, J Oparka; 152, J Nicoll; 153, M Stevens; 154, D Lindsay; 155, Beattie.

TEVIOTDALE HARRIERS—Colours: White Vest Maroon Band.
156, C Cook; 157, B Hunter; 158, R Lauder; 159, A Gibson; 160, C Grieve; 161, G Walker; 162, A Marsh.

VICTORIA PARK A.C.—Colours: Blue and White Hoops.
163, C Munro; 164, C Baillie; 165, C Pratt; 166, K McFall; 167, A Strain; 168, J Dargie; 169, B Eadie.

INDIVIDUALS

170, K Dillon, Airdrie Harriers	185, E More, Giffnock North A.C.
171, R McAllister, Airdrie Harriers	186, K Taylor, Girvan A.C.
172, K Callaghan, Airdrie Harriers	187, A Pollock, Greenock G/park H.
173, M Howie, Clydesdale Harriers	188, C McLean, Greenock G/park H.
174, J Ryan, Clydesdale Harriers	189, A Arendt, Helensburgh A.C.
175, C Wright, Clydesdale Harriers	190, J Goldie, 'J W' Kilmarnock H.
176, J Ellerby, Edinburgh South. H.	191, J Moran, L & L Track Club
177, G Herd, Edinburgh South. H.	192, S Laird, L & L Track Club
178, S Laird, Edinburgh South. H.	193, E Cameron, Larkhall YMCA H.
179, J Laird, 'FMC' Carnegie H.	194, R Hamilton, Larkhall YMCA H.
180, O Hughes 'FMC' Carnegie H.	195, B Phillips, Lasswade A.C.
181, M Stephen, Fraserburgh R.C.	196, M Moore, Lasswade A.C.
182, S Clark, Fraserburgh R.C.	197, P Dearie, Law & District
183, B Irvine, Fraserburgh R.C.	198, K Bird, Linlithgow A.C.
184, I Melvin, Giffnock North A.C.	199, B King, Livingston & Dis. A.C.

200, R Barlow, Livingston & Dis. A.C.	207, B Smart, Stonehouse A.C.
201, A McCutcheon, Loudoun R.	208, R Struthers, Stonehouse A.C.
202, R Nimmo, Loudoun Runners	209, D Ritson, Troon Tortoises A.C.
203, C Houston, Penicuik Harriers	210, M Goldie, Troon Tortoises A.C.
204, D Fraser, Peterhead A.C.	211, A. McDonald, Shettleston
205, E Cameron, Peterhead A.C.	212, B. McGarrity, Shettleston
206, J Hay, Peterhead A.C.	213, P. Daly, Shettleston

Individual	1st	Time
	2nd	Time
	3rd	Time
Team Race	1st	Pts.
	2nd	Pts.
	3rd	Pts.

NEUFF ATHLETIC EQUIPMENT



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2nd ANNUAL U-13 GIRLS' CHAMPIONSHIP

(Over 11 but under 13 at the 1st September, 1993)

Distance 2 miles/3200m

The winning team to hold the "John Waddell Trophy" for 12 months

The winning individual to hold the "William Bramwell Trophy" for 12 months

THE RACE WILL START AT 12.30 p.m.

Title Holders 1993 — Edinburgh AC

Individual Winner 1993 — L Harrison (Edinburgh AC)

TEAMS NOT LESS THAN 4 AND 4 TO COUNT

ABERDEEN A.C.—Colours: White Vest/two Red Hoops.

1, W Pennet; 2, K Rapley; 3, N Gauld; 4, R Dougall.

AIRDRIE HARRIERS—Colours: Grey/Sky Blue; Black Diag.

5, C Fagan; 6, D McGuinness; 7, C McIlhatten; 8, E Arthur; 9, P Rooney; 10, C McCarron.

AYR SEAFORTH A.C.—Colours: White/Red Diag Cross.

11, L Murdoch; 12, R Clark; 13, L Picken; 14, M Donnelly; 15, L Conway; 16, S Bryden; 17, L Thomson.

BABCOCK THORN PITREAVIE A.C.—Colours: White Vest/Gold Trim.

18, H Norman; 19, E Webster; 20, S Paterson; 21, W Gosden; 22, L Stewart.

CITY OF GLASGOW A.C.—Colours: Royal Blue/Cent Gr Panel.

23, H Connell; 24, A Daly; 25, F Reid; 26, L Cairney; 27, S Maxwell.

DUNDEE HAWKHILL HARRIERS—Blue Vest/White Quarters.

28, C Charles; 29, G Kyles; 30, J Hillar; 31, C Burnett; 32, V Lamb; 33, R Walker.

EAST KILBRIDE A.C.—Colours: Gold/two Black Hoops.

34, C Fleming; 35, L Buchanan; 36, K Buchanan; 37, R Anderson; 38, L Wylie.

FALKIRK VICTORIA HARRIERS—Colours: Black/Gold Band.

39, C Couper; 40, L Couper; 41, L Shand; 42, D Fraser; 43, C Kerr; 44, C Crawford; 45, L Crawford; 46, L McGarva.

GLENIFFER HIGH SCHOOL—Colours: Red/Black/Sky Blue.

47, N Aitchison; 48, K Farr; 49, L Rose; 50, G Arthur; 51, A White; 52, L Carroll; 53, J Stamp; 54, G Morrow.

HADDINGTON E.L.P.—Colours: Red/White Halves.

55, K McDonald; 56, F Johnstone; 57, L Fletcher; 58, E Logan.

IRVINE A.C.—Colours: Red /Black Edging.

59, K Bryant; 60, L Hanvey; 61, A McGill; 62, K Bingham; 63, S McAuley.

J GREIG (BUILDERS) CENTRAL A.C.—Colours: Yellow/Blue Trim.

64, K Montador; 65, J McRorie; 66, M McGill; 67, L Douglas.

KILBARCHAN A.C.—Colours: Gold Vest/Black Hoop.

68, F Menzies; 69, H Townsend; 70, S J Barr; 71, S Palmer; 72, C Potter; 73, J Maclay; 74, G McGrenaghan; 75, C Sweeney; 76, G Lauchlan.

LAW & DISTRICT A.C.—Colours: Amber Vest/two Red, one Wh Hoop.
77, C Docherty; 78, N McGhee; 79, M Black; 80, D Lowe; 81, E Lowe; 82, L Weldon.

MINOLTA BLACK ISLE A.C.—Colours: Black/Red Diag Stripe.

83, L Campbell; 84, S Kerr; 85, K Murray; 86, C Naisby; 87, A Reid; 88, I Ross; 89, J Smith; 90, J Young.

MORAY ROAD RUNNERS—Colours: Dayglow Yellow/Black Trim.

91, T Masson; 92, S Stewart; 93, N Falconer; 94, L Wilcox.

TEVIOTDALE HARRIERS—Colours: White Vest/Maroon Hoop.

95, F Hendry; 96, J Trobe; 97, L Fenton; 98, L Bryden; 99, P Stanners; 100, L Malcolm; 101, L Young.

VICTORIA PARK A.C.—Colours: Blue/White Hoops.

102, A Mc Gowan; 103, K McO'Neill; 104, J Ross; 105, M Ross; 106, J Wallace; 107, Y Miell.

INDIVIDUALS

108, L Henderson, Corstorphine A.C.	129, K Miller, IBM Spango Valley A.C.
109, C Wilson, Cramlington A.C.	130, M Thomson, IBM Spango V. A.C.
110, N Coates, Cramlington A.C.	131, K Ayers, Inverness Harriers
111, J Steele, Cumnock & District A.C.	132, R Maclean, Inverness Harriers
112, E Howes, Cumnock & Dis. A.C.	133, S Danby, Inverness Harriers
113, S Carrie, Dunbar A.C.	134, M Clark, Kirkintilloch Olympians
114, L Turner, Dunbar A.C.	135, N Murray, Lasswade A.C.
115, L Liddle, Edinburgh A.C.	136, A Dunlop, Lasswade A.C.
116, H Moar, Edinburgh A.C.	137, C Flynn, Loudoun Runners
117, M Cairns, Edinburgh A.C.	138, M Anderson, North Shields A.C.
118, J Maclean, Fraserburgh R.C.	139, V Gallagher, North Shields A.C.
119, C Jackson, Fraserburgh R.C.	140, G Taylor, North Shields A.C.
120, B Frampton, Gateshead Harriers	141, K Lomas, Perth Straththay H.
121, E Giles, Gateshead Harriers	142, L Paxton, Perth Straththay H.
122, Hunter, Gateshead Harriers	143, D McLatchie, Peterhead A.C.
123, J Kirk, Giffnock North A.C.	144, D Hastie, Peterhead A.C.
124, L Kirk, Giffnock North A.C.	145, J Lindsay, Tayside A.C.
125, R Gibson, Harmany A.C.	146, T Stephen, Tayside A.C.
126, P Walsh, Helensburgh A.C.	147, H McQuiston, Troon Tortoises A.C.
127, A Gallagher, Helensburgh A.C.	148, J McAulay, Troon Tortoises A.C.
128, P Smith, IBM Spango Valley A.C.	

Individual	1st	Time
	2nd	Time
	3rd	Time
Team Race	1st	Pts.
	2nd	Pts.
	3rd	Pts.

2nd ANNUAL

U-16 BOYS' CHAMPIONSHIP

(Over 14 but under 16 as at the 1st January, 1994)

Distance 3 miles/4800m

The winning team to hold the "John Semple Cup" for 12 months

The winning individual to hold the "John Semple Trophy" for 12 months

THE RACE WILL START AT 12.40 p.m.

Title Holders 1993 — Cambuslang Harriers

Individual Winner 1993 — R Stewart (Edinburgh AC)

TEAMS NOT LESS THAN 4 AND 4 TO COUNT

AIRDRIE HARRIERS—Colours: Grey/Blue with Black Diag.
1, A Morgan; 2, Murray; 3, G Murray; 4, M Donaldson; 5, C Russell; 6, K O'Neil.

BABCOCK THORN PITREAVIE—Colours: White Vest/Gold Trim.
7, P Armstrong; 8, A Forsyth; 9, S Roy; 10, C Mathieson; 11, S Reid.

CAMBUSLANG HARRIERS—Colours: Red Vest with White Band.
12, S South; 13, A Dobbie; 14, P Farmer; 15, K Wallace; 16, M Campbell;
17, D McCrae; 18, G Lyons; 19, R Grant; 20, J Clelland; 21, A Millar; 22,
F McIlwraith; 23, A Stewart; 24, S Hodgson.

DUNDEE HAWKHILL—Colours: Blue & White Quarters.
25, R Scott; 26, S Maloney; 27, N Gunstone; 28, M Ross; 29, S Graves;
30, M Lamb; 31, R Stanfield; 32, M Walker; 33, G Ferguson; 34, A
Underwood.

EAST KILBRIDE A.C.—Colours: Gold with Two Black Bands.
35, J Russell; 36, B Madden; 37, M Sherwood; 38, A Mitchell; 39, R
Gillespie; 40, G Keddie; 41, A Weir; 42, S Fergie; 43, C Farrell; 44, G
Pettit.

EDINBURGH A.C.—Colours: White with two Black Bands.
45, A Ford; 46, M Munro; 47, M Gray; 48, R MC Dowall.

FALKIRK VICTORIA HARRIERS—Colours: Black/Gold Band.
49, G Couper; 50, A Shand; 51, D Craig; 52, S Philp; 53, T Dyer; 54, M
Bailey; 55, S Lawson.

FIFE A.C.—Colours: White Vest/Red Band
56, S Berry; 57, I Rough; 58, D Henratty; 59, C Seeley; 60, C Bennison;
61, N Shaw; 62, P Cassidy.

GEORGE HERIOT'S SCHOOL—Colours: White with Blue Band.
63, A Purves; 64, M Fitchett; 65, G Laurie; 66, N MacGrain; 67, C
McMillan.

GLENIFFER HIGH SCHOOL—Colours: Red /Black/Sky Blue.
68, W Mullan; 69, R Ramsay; 70, G Young; 71, R McGuire; 72, A Martin;
73, S Hannigan.

HADDINGTON E.L.P.—Colours: Red & White Halves.
74, S Carr; 75, S Hastie; 76, E Smith; 77, C Slyth.

INVERNESS HARRIERS—Colours: Gold /Maroon Diagonal.
78, G Anderson; 79, M Blake; 80, M Nicol; 81, L Dalgano.

J GREIG (BUILDERS) CENTRAL—Colours: Yellow/Blue Trim.
82, R Houston; 83, C Mc Hardy; 84, S Grieve; 85, J McDonald; 86, S
McKenzie; 87, S Whitlam; 88, I Cruickshank.

'JW' KILMARNOCK HARRIERS—Colours: Royal Blue/2 Diag White Str.
89, A Kerr; 90, J Duffy; 91, S Morton; 92, A Dean.

KILBARCHAN A.C.—Colours: Gold Vest /Black Band.
93, T Yule; 94, C McDerment; 95, D Greig; 96, D Cuthill; 97, C Byrne;
98, G Menzies; 99, K Wotciechowski; 100, J Hunter; 101, C Sommerville.

LASSWADE A.C.—Colour: Two Blue, Red Between, on White.
102, D Veitch; 103, D Campbell; 104, J Murray; 105, A Paxton.

MINOLTA BLACK ISLE A.C.—Colours: Black/Red Diagonal.
106, D Cameron; 107, S Campbell; 108, I Gunn; 109, G Martin; 110, L
Bethune; 111, N Tulloch; 112, W Thomas.

TAYSIDE A.C.—Colours: Light Blue/Black Shorts.
113, C Nicoll; 114, R Stewart; 115, D Ireland; 116, M Morrow.

TEVIOTDALE HARRIERS—Colours: White Vest/Maroon Hoop.
117, S Blaikie; 118, S Hogg; 119, S Kerr; 120, S Lauder; 121, D Johnstone;
122, S Watson; 123, D Revel; 124, J Turnbull; 125, M Combe; 126, N
Gillfillan.

VICTORIA PARK A.C.—Colours: Blue and White Hoops.
127, D O'Boyle; 128, G Wik; 129, J Letford; 130, R Elliot; 131, A Duncan;
132, C Eadie; 133, J Anderson; 134, P Young; 135, P McEwan; 136, G
Hendry; 137, S McIntyre; 138, P Uppal; 139, M Strain.

INDIVIDUALS

- | | |
|---------------------------------------|---|
| 140, D Cox, Ayr Seaforth A.C. | 167, S Grant, Kirkintill. Olympians |
| 141, D Rose, Border Harriers | 168, P Durnan, Kirkintill. Olympians |
| 142, D McGinley, Clydesdale Harriers | 169, J Carty, L & L Track Club |
| 143, I Higgins, Clydesdale Harriers | 170, A McGlenon, Larkhall YMCA H. |
| 144, G Mallen, Corstorphine A.C. | 171, R Cameron, Larkhall YMCA H. |
| 145, T Norwood, Corstorphine A.C. | 172, D Lambert, Law & District A.C. |
| 146, S Ferrier, Corstorphine A.C. | 173, P Wilsher, Leslie Deans R. C. |
| 147, D Sharp, Cumbernauld A.C. | 174, I Brunton, Livingston & Dis. A.C. |
| 148, P Muir, Cumnock & District A.C. | 175, M McGurn, Maryhill Harriers |
| 149, S Bodys, Cumnock & Dis. A.C. | 176, A Reeves, Maryhill Harriers |
| 150, J Wilson, Cumnock & Dis. A.C. | 177, R Grant, Merchiston C. S. |
| 151, K Archibald, Cramlington A.C. | 178, D Millard, Merchiston C. S. |
| 152, R Kyle, Edinburgh South. H. | 179, K McAlpine, Nairn & Dis. A.C. |
| 153, T Poyser, Edinburgh South. H. | 180, L Edwardson, Nairn & Dis. A.C. |
| 154, S Ratcliffe, Edinburgh South. H. | 181, A Woodhead, Penicuik Harriers |
| 155, S Buchan, Fraserburgh R.C. | 182, Gauson, Perth Strathtay Harriers |
| 156, A Watson, Fraserburgh R.C. | 183, S Baxter, Perth Strathtay Harriers |
| 157, S Duthie, Fraserburgh R.C. | 184, S Springett, Perth Strathtay H. |
| 158, D Melvin, Giffnock North A.C. | 185, D Buchan, Peterhead A.C. |
| 159, M Dawson, Giffnock North A.C. | 186, N McInnes, Peterhead A.C. |
| 160, J Hendry, Greenock Glenpark H. | 187, A Sandilands, Stonehouse A.C. |
| 161, J Lewis, Greenock Glenpark H. | 188, S McHolm, Stonehouse A.C. |
| 162, D Grieve, Helensburgh A.C. | 189, M Paton, Springburn Harriers |
| 163, A Docherty, IBM Spango V. A.C. | 190, G McNeil, Springburn Harriers |
| 164, B McCabe, IBM Spango V. A.C. | 191, J Hendry, Springburn Harriers |
| 165, A Higgins, Irvine A.C. | 192, A MacKenzie, Troon Tort. A.C. |
| 166, C Burke, Irvine A.C. | 193, D. Gow, Shettleston |

Individual 1st Time
 2nd Time
 3rd Time
 Team Race 1st Pts.
 2nd Pts.
 3rd Pts.

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2nd ANNUAL U-15 GIRLS' CHAMPIONSHIP

(Over 13 but under 15 as at the 1st September, 1993)

Distance 2.5 miles/4000m

The winning team to hold the "Falkirk District Sports Council Trophy" for 12 months

The winning individual to hold the "William Bramwell Trophy" for 12 months

THE RACE WILL START AT 1.05 p.m.

Title Holders 1993 — City of Glasgow AC

Individual Winner 1993 — C Morris ('J W' Kilmarnock Harriers)

TEAMS NOT LESS THAN 4 AND 4 TO COUNT

ABERDEEN A.C.—Colours: White Vest/two Red Hoops.

1, K Ramsay; 2, H Smith; 3, L Green; 4, F Dey; 5, R Chalmers.

BABCOCK THORN PITREAVIE—Colours: White Vest/Gold Trim

6, J Ward; 7, L Kelly; 8, L Black; 9, F Wilson; 10, N Johnston.

CITY OF GLASGOW A.C.—Colours: Royal Blue/Central Gr Panel.

11, C Kerr; 12, R Kerr; 13, C Johnston; 14, D McMorran; 15, L McTague; 16, A Shaw; 17, C Thomson; 18, K Thomson; 19, L Cairney; 20, M Stewart; 21, J Docherty.

CUMNOCK & DISTRICT A.C.—Colours: Black/Red Diag Band.

22, L Livingstone; 23, G Davidson; 24, L Williams; 25, L Wilson; 26, L Kelly.

DUNDEE HAWKHILL HARRIERS—Colours: Blue Vest/White Quarters.

27, J Learmonth; 28, D Kaye; 29, K Stephenson; 30, G Robb.

EAST KILBRIDE A.C.—Colours: Gold/two Black Bands.

31, L Reid; 32, L Campbell; 33, A Smith; 34, I Mountain; 35, A McInnes; 36, M Scott; 37, R McDougall; 38, K Smith; 39, A McDonald; 40, D Bell; 41, J Mostyn; 42, L Bennett; 43, L O'Callaghan

EDINBURGH A.C.—Colours: White/2 Black Diag Stripes.

44, L Harrison; 45, A Hood; 46, L Gauld; 47, R Amos.

FRASERBURGH R.C.—Colours: Black/White Trim.

48, A Arkell; 49, D McAllister; 50, L Clark; 51, M Wisely.

GIRVAN A.C.—Colours: White/Blue & Green Hoops.

52, N Taylor; 53, L Scobie; 54, M McClymont; 55, S Dowie.

GLENIFFER HIGH SCHOOL—Colours: Red/Black/Sky Blue

56, N Smith; 57, Z McGurn; 58, G Higgins; 59, M Gibney; 60, C Morgan; 61, G Thomson; 62, L Wilson; 63, L Reed; 64, R Potts.

HELENSBURGH A.C.—Colours: Yellow/Red Band.

65, M Egan; 66, L Walsh; 67, K Gallacher; 68, L Stevenson.

IBM SPANGO VALLEY—Colours: Vert Yellow/Blue Stripes.

69, S Smith; 70, E Steele; 71, E Park; 72, K O'Brien; 73, L McAfferty.

J GREIG (BUILDERS) CENTRAL—Colours: Yellow/Blue Trim.

74, K Montador; 75, K McNab; 76, L Evans; 77, K Nesbit; 78, B Murphy.

KILBARCHAN A.C.—Colours: Gold Vest/Black Band

79, G Black; 80, K Mackay; 81, J Caldwell; 82, J Forsyth; 83, S Lindsay; 84, H Anderson.

LASSWADE A.C.—Colours: White with two Blue Bands broken by single Red Band.

85, D Murray; 86, J Boorhill; 87, A Phillips; 88, R Newman.

LAW & DISTRICT A.C.—Colours: Amber Vest/two Red Bands and one White Band.

89, J Brown; 90, D Sneddon; 91, L Canning; 92, S Clarkson; 93, N Loughran.

LOUDOUN RUNNERS A.C.—Colours: Royal Blue/three Yellow Bands

94, J Queen; 95, E Flynn; 96, E Ferguson; 97, E Douglas.

MINOLTA BLACK ISLE A.C.—Colours: Black with Red Diag.

98, L Clement; 99, L Fraser; 100, J Hauxwell; 101, A Kerr; 102, L Mackenzie; 103, F Macwillie; 104, L Macwillie; 105, R McCallum; 106, M Wood; 107, T Young.

MORAY ROAD RUNNERS—Colours: Dayglow/Black Trim

108, K Scott; 109, T Masson; 110, S Liebnitz; 111, M Stewart; 112, K Wilcox.

TAYSIDE A.C.—Colours: Light Blue/Black Shorts.

113, L Biegala; 114, M McConnache; 115, L Gatherer; 116, L Philip; 117, J Skinner.

TEVIOTDALE HARRIERS—Colours: White Vest/Maroon Hoop.

118, J Thomson; 119, L Thomson; 120, L Brydon; 121, L Huggan; 122, A Blacklock; 123, L Pow.

INDIVIDUALS

- | | |
|--------------------------------------|--|
| 124, C Linden, Airdrie Harriers | 145, S Lipton, Inverness Harriers |
| 125, D Kerr, Airdrie Harriers | 146, S McNairney, Irvine A.C. |
| 126, H Sherry, Airdrie Harriers | 147, D McClung, Irvine A.C. |
| 127, L Gibson, Ayr Seaforth A.C. | 148, D Hershaw, Irvine A.C. |
| 128, E Furey, Ayr Seaforth A.C. | 149, C Morris, JW Kilmarnock H. |
| 129, A Church, Ayr Seaforth A.C. | 150, L Whigham, Kirk. Olympians |
| 130, K Blair, Carlisle A.C. | 151, V Hope, L & L Track Club |
| 131, D Anderson, Corstorphine A.C. | 152, L Dunn, L & L Track Club |
| 132, F Braid, Corstorphine A.C. | 153, F McAleese, Linlithgow A.C. |
| 133, J Thompson, Cramlington A.C. | 154, L Sutherland, Liv. & Dis. A.C. |
| 134, G Taylor, Cramlington A.C. | 155, D Massey, Liv. & Dis. A.C. |
| 135, C Graham, Falkirk Victoria H. | 156, Grimshaw, North Shields Poly |
| 136, E Neill, Falkirk Victoria H. | 157, C Rennie, Penicuik Harriers |
| 137, E Alberts, Gateshead Harriers | 158, L Menzies, Perth Strathtay H. |
| 138, S Falk, Gateshead Harriers | 159, L Clark, Perth Strathtay H. |
| 139, B Debenham, George Heriots Sc. | 160, C Paxton, Perth Strathtay H. |
| 140, J Smylie, Giffnock North A.C. | 161, F Leslie, Peterhead A.C. |
| 141, R Dunn, Giffnock North A.C. | 162, M Hastie, Strathkelvin L. A.C. |
| 142, P Stewart, Giffnock North A.C. | 163, R Gallacher, Strathkelvin L. A.C. |
| 143, M Macdonald, Inverness Harriers | 164, J Langan, Strathkelvin L. A.C. |
| 144, K Mackay, Inverness Harriers | |

Individual	1st	Time
	2nd	Time
	3rd	Time
Team Race	1st	Pts.
	2nd	Pts.
	3rd	Pts.

2nd ANNUAL U-20 MEN'S CHAMPIONSHIP

(Over 18 but under 20 as at the 1st January, 1994)

Distance 5 miles/8000m

The winning team to hold the "Marshall Trophy" for 12 months

The winning individual to hold the "Livingstone Trophy" for 12 months

THE RACE WILL START AT 1.20 p.m.

Title Holders 1993 — Edinburgh University Hare & Hounds

Individual Winner 1993 — P Mowbray (Edinburgh University Hare & Hounds)

TEAMS NOT LESS THAN 4 AND 4 TO COUNT

ABERDEEN A.C.—Colours: White with two Red Hoops.

1, G Smith; 2, K Dinnes; 3, D Macleod; 4, M Anderson; 5, M Barber.
CAMBUSLANG HARRIERS—Colours: Red Vest with White Band.
6, M Gill; 7, J P Murray; 8, W Bates; 9, G McDonald; 10, M McLauchlan;
11, J Bates; 12, C Clelland; 13, I Richardson.

EDIN UNIV H & H—Colours: Wh Side Pan, Green Shorts & Vest.
14, D Godfree; 15, J Davidson; 16, D Forrester; 17, P Perry; 18, M Lund;
19, P Fulton; 20, G Booth; 21, G Riemersma

FIFE A.C.—Colours: Red Band on White.
22, P Ford; 23, A Hamilton; 24, J Wilson; 25, N Crampton*.

GLASGOW UNIVERSITY—Colours: Black/Gold.
26, J Wilson; 27, M Bain; 28, M Stevens; 29, J Dargie; 30, A McInroy; 31,
T Gilfellan.

INVERNESS HARRIERS—Colours: Gold with Maroon Diag.
32, G McClennan; 33, J Cook; 34, M Cruden; 35, N Forbes; 36, A McCrae.
ST ANDREWS UNIVERSITY C.C.C.—Colours: White with two Blue Bands.

37, P Conner; 38, P Ford; 39, D McLean; 40, P Corrigan; 41, J Eve; 42,
W Davis; 43, A Hamilton; 44, J Wilson; 45, N Crampton; 46, S Taylor.

VICTORIA PARK A.C.—Colours: Blue & White Hoops.
47, D Fotheringham; 48, J Marr; 49, C Young; 50, C Allison; 51, C Steele;
52, C Humphrey.

INDIVIDUALS

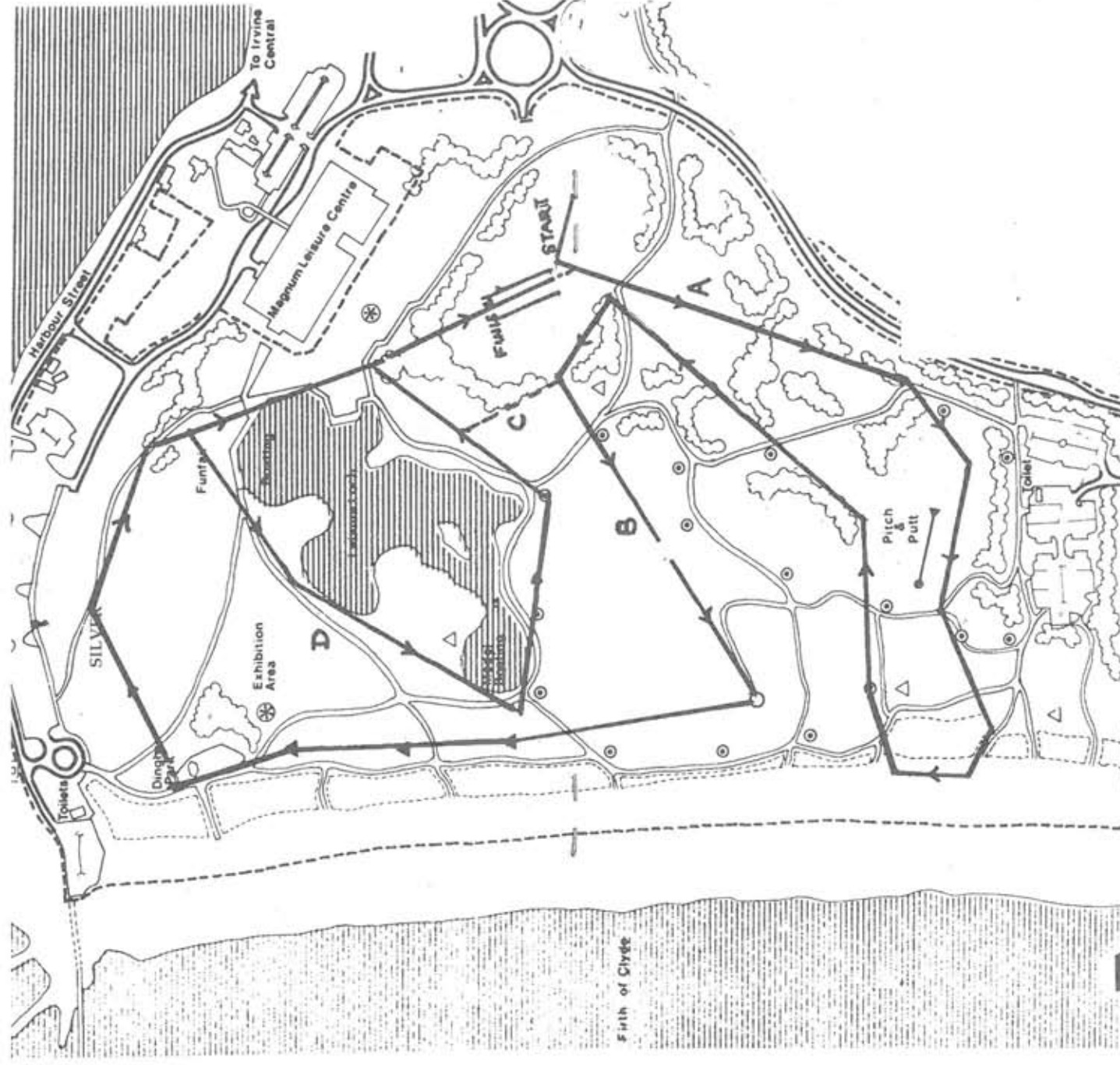
53, H Hutchinson, Aberdeen U. A.C. 65, M Kelso, 'FMC' Carnegie Harriers
54, R Scott, Aberdeen U. A.C. 66, S Robertson, Falkirk Victoria H.
55, D Ross, Arbroath & District A.C. 67, A Simpson, Fraserburgh R.C.
56, P Allan, Ayr Seaforth A.C. 68, A Goddard, George Heriot School
57, G Willis, Ayr Seaforth A.C. 69, M Campbell, Giffnock North
58, S Taylor, Babcock Thorn Pit. A.C. 70, P Young, Girvan A.C.
59, G Forbes, Clydesdale Harriers 71, S McKinlay, Greenock Well. H.
60, D McArthur, Clydesdale Harriers 72, M Cornish, Helensburgh A.C.
61, S Watson, Dundee Hawkhill H. 73, James Tonner, Heriot Watt Uni. H.
62, T Winters, Edinburgh A.C. 74, P Leonard, Heriot Watt Uni. H.
63, C Smith, Edinburgh A.C. 75, L Richardson, Irvine A.C.
64, W Douglas, Edinburgh South. H. 76, P Corrigan, Kilbarchan A.C.

77, L Walker, Lasswade A.C. 85, C Knox, Moray Road Runners
78, C McEwan, Linwood Pentastar A.C. 86, M Canavan, Penicuik Harriers
79, M Dobbin, Livingston A.C. 87, J Mundie, Peterhead A.C.
80, J Brooks, Lochaber A.C. 88, D Strachan, Peterhead A.C.
81, D Kerr, 'Lucozade' Motherwell A.C. 89, M Bain, Stornoway R.C.
82, D McArthur, Mid Argyle 90, E McIntosh, Whitburn A.C.
83, A McLeod, Minolta Black Isle A.C. 91, L Vidler, Whitburn A.C.
84, M Curry, Minolta Black Isle A.C. 92, K McGlaed, Whitburn A.C.

Individual	1st	Time
	2nd	Time
	3rd	Time
Team Race	1st	Pts.
	2nd	Pts.
	3rd	Pts.

SCOTTISH ATHLETICS FEDERATION NATIONAL CHAMPIONSHIPS
 BEACH PARK, THE MAGNUM LEISURE CENTRE, IRVINE
 SUNDAY, 13th FEBRUARY, 1994

AMAYS The Travel Agents



U-14 BOYS	2 miles/3200m	1 lap of A-B to finish	Start 12.20pm	U-17 WOMEN	3 miles/4800m	1 lap of A-C then A-B to finish	Start 1.50pm
U-13 GIRLS	2 miles/3200m	1 lap of A-B to finish	Start 12.30pm	SENIOR MEN	7.5 miles/12000m	3 laps of A-B-D to finish	Start 2.10pm
U-16 BOYS	3 miles/4800m	1 lap of A-C then A-B to finish	Start 12.40pm	JUNIOR/SENIOR WOMEN	4 miles/6400m	2 laps A-B to finish	Start 3.10pm
U-15 GIRLS	2.5 miles/4000m	1 lap of A-B-D to finish	Start 1.05pm	U-18 MEN	4 miles/6400m	2 laps of A-B to finish	Start 3.40pm
U-20 MEN	5 miles/8000m	2 laps of A-B to finish	Start 1.20pm				

2nd ANNUAL

U-17 WOMEN'S CHAMPIONSHIP

(Over 15 but under 17 as at the 1st September, 1993)

Distance 3 miles/4800m

The winning team to hold the "Dundee Parks Department Trophy" for 12 months

The winning individual to hold the "Lothian Trophy" 12 months

THE RACE WILL START AT 1.50 p.m.

Title Holders 1993 — City of Glasgow AC

Individual Winner 1993 — J Hall (Cramlington AC)

TEAMS NOT LESS THAN 3 AND 3 TO COUNT

ABERDEEN A.C.—Colours: White Vest/two Red Hoops.

1, L Still; 2, N Fraser; 3, V Clark.

AIRDRIE HARRIERS—Colours: Grey/Sky Blue, Black Diag.

4, W Frame; 5, E Frame; 6, M Stevenson.

CITY OF GLASGOW—Colours: Royal Blue/Central Green Panel.

7, E Gorman; 8, C Morrison; 9, P Crawley; 10, S Scott; 11, S Fairweather; 12, G Potts; 13, M Dearie; 14, L Moody; 15, S Knox; 16, A McGibbon; 17, L Scott; 18, J Simpson.

DUNDEE HAWKHILL HARRIERS—Colours: Blue Vest/White Quarters.

19, C Vetraino; 20, H Barwell; 21, K Gunstone; 22, L Provan; 23, H Provan; 24, S Booth.

EAST KILBRIDE A.C.—Colours: Gold/two Black Bands.

25, S Smith; 26, K Gray; 27, K Jackson.

EDINBURGH WOOLLEN MILL—Colours: White/two Blue Horizontal Stripes.

28, S Little; 29, K Gormley; 30, L Reid.

GLENIFFER HIGH SCHOOL—Colours: Red/Black/Sky Blue.

31, L Mc Dowall; 32, L Connell; 33, D McRory; 34, C Muirhead.

IBM SPANGO VALLEY A.C.—Colours: Royal Blue & Yellow Vertical Stripes.

35, L Mc Kechnie; 36, D Buntine; 37, J Potter.

IRVINE A.C.—Colours: Red Vest/Black Edging

38, E McClung; 39, K Mc Gill; 40, K Thompson.

J GREIG (BUILDERS) CENTRAL—Colours: Yellow/Blue Trim.

41, J Turnbull; 42, D Burrow; 43, S Dickson.

JW KIMARNOCK HARRIERS—Colours: Royal Blue/two Vert White Stripes.

44, S Youden; 45, N Youden; 46, K Stewart; 47, J Tonner.

KILBARCHAN A.C.—Colours: Gold Vest/Black Band.

48, N Fleming; 49, C Scarles; 50, H A Anderson.

MORAY ROAD RUNNERS—Colours: Dayglow Yellow/Black Trim.

51, D Sim; 52, J Sim; 53, G Pirie.

INDIVIDUALS

54, L Baillie, Avonside T.C.

58, S McKenzie, Edinburgh A.C.

55, S Croucher, Babcock Thorn Pit.

59, S Garvie, Edinburgh A.C.

56, N Armiger, Carlisle A.C.

60, C Simpson, Forres Harriers

57, F Andrews, Cumnock & Dis. A.C.

61, L Clark, Fraserburgh R.C.

62, L Malley, Fraserburgh R.C.

63, K Kirk, Giffnock North A.C.

64, L Tarbet, Giffnock North A.C.

65, S McCrorie, Girvan A.C.

66, L Clark, Girvan A.C.

67, J Brown, Harmeny A.C.

68, J Munro, Inverness Harriers

69, A Dunn, Jarrow & Hebburn A.C.

70, J Brown, Kirkintilloch Olympians

71, T Tighe, Law & District A.C.

72, L Jackson, Law & District A.C.

73, A Tremble, North Shields Poly

74, K Davison, North Shields Poly

75, T McLatchie, Peterhead A.C.

76, J Walker, Stromness A.C.

Individual 1st Time

2nd Time

3rd Time

Team Race 1st Pts.

2nd Pts.

3rd Pts.

2nd ANNUAL SENIOR MEN'S CHAMPIONSHIP

(Over 20 years of age as at the 1st January, 1994)

Distance 7.5 miles/12,000m

The winning team to hold the "Elkington Shield" for 12 months

The winning individual to hold the "W H Dunlop Trophy" for 12 months

THE RACE WILL START AT 2.10 p.m.

Title Holders 1993 — Cambuslang Harriers

Individual Winner 1993 — T Murray (Cambuslang Harriers)

TEAMS NOT LESS THAN 6 AND 6 TO COUNT

A.T. MAYS—Colours: White Vest/At Mays Logo.

1, A Ramsay; 2, D Gray; 3, I Fraser; 4 D McGougan; 5 A Hughes; 6, B Walker; 7 S McInnes; 8, G Gilmour; 9 P Cosh

ABERDEEN AC—Colours: White Vest/Two Red Hoops.

10, F Boyne; 11, J Musgrave; 12, E Calvert; 13, S Thomas; 14, I Cumming; 15, T Griffin; 16, G Riddell; 17, S Cassells; 18, S Wright; 19, S Reid; 20, R Sutherland; 21 M Caird; 22, F Duguid; 23, G Ramsay

AYR SEAFORTH AC—Colours: White Vest/Red Diagonal Cross.

24, A Auld; 25, L Baker; 26, B Boyd; 27, J Caird; 28, G Cunningham; 29, J Evans; 30, R Hubbard; 31, A Law; 32, S McPherson; 33, A McSparran; 34, R Page; 35, D Paul; 36, A Smith; 37, J Strawhorn; 38, C White; 39, G Young

BABCOCK THORN PITREAVIE AC—Colours: White Vest/Gold Trim.

40, D Arnott; 41, P Baxter; 42, J Campbell; 43, R Cherrie; 44, K Duncan; 45, G Gardiner; 46, D Gray; 47, M Greally; 48, T Kelly; 49, A Mathieson; 50, C Mathieson; 51, R Roy; 52, A Russell; 53, C Watson; 54, S Weir; 55, J Gartland

BELLAHOUSTON HARRIERS—Colours: Dark Blue Vest/Light Blue Cross.

56, D Williamson; 57, M Mc Donald; 58, R Guthrie; 59, J McDermott; 60, S Stone; 61, B Collie; 62, J Beckett; 63, C Joss; 64, M Steele; 65, N Scott; 66, G Bell; 67, S Collins; 68, J Thallan; 69 C Scott

CALDERGLEN HARRIERS—Colours: Vertical Black/Amber Stripes.

70 A Derrick; 71 M Duthie; 72 R Shanks; 73 J Rafferty; 74 A Mc lean; 75 A Henderson; 76 A Patterson; 77 R Stewart; 78 J Stewart; 79 A Begg; 80 M Buchanan; 81 C Mc Donald; 82 D Calder; 83 A Muir; 84 C Steven; 85 T Morton; 86 J Cairney

CAMBUSLANG HARRIERS—Colours: Red Vest /White Band.

87 C Thomson; 88 W McTaggart; 89 M Gormley; 90 J Brown; 91C McDougall; 92 G Croll; 93 D Runciman; 94 S Wylie; 95 S Dalziel; 96 N Wilkinson; 97 C Hepburn; 98 E Stewart; 99 C Donnelly; 100 R Arbuckle; 101 S Fleming; 102 W Mitchell; 103 D Henderson; 104 M Mc Donald; 105 R Brennan; 106 A Mc Dermitt; 107 F Connor; 108 T McPake; 109 D Fairweather; 110 R Anderson; 111 J Bates; 112 J Coyle; 113 C Delahunty; 114 P Odgen; 115 R Mc Leary; 116 M O'Hagan; 117 D Moffat

CLYDESDALE HARRIERS—Colours: White Vest/Black "C."

118 W Mitchell; 119 L Pearson; 120 T Miller; 121 I Murphy; 122 P Clark; 123 J Hanratty; 124 B Potts; 125 P Rudzinski; 126 R Rossborough; 127 G Graham; 128 R Young; 129 J Austin; 130 D Halpin; 131 G Kane; 132 W Ryan; 133 J Shields; 134 P Halpin; 135 P Dolan

CORSTORPHINE AC—Colours: White /2" Black Trim.

136 R Anderson; 137 M Caldwell; 138 I Cumming; 139 R Dunn; 140 S Cochrane; 141 N Grubb; 142 D Henderson; 143 M Hulme; 144 I Hutton; 145 J Hynde; 146 D Law; 147 A Law; 148 B Mc Farlane; 149 M Malcom-Smith; 150 G McLean; 151 P O'Brien; 152 A Sim

CUMNOCK & DISTRICT AC—Colours: Black/ Red Diagonal Band.

153 T Campbell; 154 T Cunningham; 155 P Smith; 156 A Wilson; 157 M Herbertson; 158 W Rowan

DUMBARTON AC—Colours: Black Vest/Red Chest Band.

159 C Martin; 160 A Adams; 161 P Walsh; 162 T Kelly; 163 A Mc Call; 164 R McDonald; 165 G Hanley; 166 F Caldwell; 167 E Caldwell; 168 B Morton; 169 P Corrigan; 170 J Harrison; 171 D Harrison; 172 A Mc Kenzie; 173 W Henderson; 174 S Lannigan; 175 G Shearer

DUMFRIES RUNNING CLUB—Colours: White Vest/Sky Blue Band Enclosed 2 Maroon Bands.

176 D Chadderton; 177 S McKie; 178 W Hume; 179 L Hill; 180 J McDougall; 181 D Kerr; 182 T Davers; 183 D Biggars; 184 S Mohan; 185 C Kinneary; 186 S Foster; 187 I Marriott; 188 M McPherson; 189 M Kelly; 190 M Cole; 191 P Dunn; 192 D Breen; 193 P Kelly; 194 J Moffat

DUNDEE HAWKHILL HARRIERS—Colours: Blue/White Quarters.

195 M Strachan; 196 J Hepburn; 197 D Storey; 198 C Haskett; 199 P Mc Colgan; 200 G Rennett; 201 P Fox; 202 J Kirkland; 203 B Cook; 204 J Castle; 205 B Pattison; 206 I Campbell; 207 P Briscoe; 208 D Sullivan; 209 S Borland; 210 A Wilson; 211 G Hanlon; 212 D Hanlon; 213 E Holmes; 214 A Lamb; 215 S Kerr; 216 J Mc Gregor; 217 D Taylor; 218 S Evans; 219 D Lindsay; 220 J Phelan; 221 C Phelan; 222 C Hall; 223 R McIntosh

EAST KILBRIDE AC—Colours: Gold/2 Black Hoops.

224 G Reid; 225 G Haddow; 226 W Mc Donald; 227 E Ramage; 228 W Mc Cann; 229 D Turnbull; 230 G Colvin; 231 K Downie; 232 A McLellan; 233 R Johnston; 234 C Grant; 235 B Ronald; 236 P Bonar; 237 C Clements; 238 N Sharpe; 239 R Fulton; 240 M McWilliams; 241 P McCormack

EDINBURGH AC—Colours: White/2 Diagonal Stripes.

242 J Agnew; 243 A Donnachie; 244 M Fallows; 245 M Ferguson; 246 J Garland; 247 M Mc Cartney; 248 E Mc Ewen; 249 R Mortimer; 250 R Nolan; 251 R Riddell; 252 C Smith; 253 M Steele; 254 G Stevenson; 255 A Ward; 256 S Proctor; 257 L Kay; 258 H Morrison; 259 C Young; 260 Z Bankowski; 261 D Baker; 262 C McLennan; 263 G Philip; 264 G Lightwood; 265 A Gillies; 266 A Shankey; 267 G Strachan; 268 M McLeod; 269 R Cockburn

EDINBURGH SOUTHERN HARRIERS—Colours: White Vest/2 Blue Bands.

270 B Begley; 271 D Brown; 272 C Cable; 273 L Culbertson; 274 G Cuthbert; 275 I Duff; 276 M Flynn; 277 W Gallacher; 278 D Garner; 279 J Golder; 280 I Gunn; 281 B Howie; 282 K Idessane; 283 S Innes; 284 K Lyall; 285 G Mathison; 286 B Murray; 287 P Paterson; 288 M Robertson; 289 M Sneddon; 290 G Steel; 291 I Steel; 292 G Stewart; 293 N Tennant; 294 N Thin; 295 R Thompson; 296 G Turton

EDINBURGH UNIVERSITY H & H—Colours: Green Vest /White Side Panel.

297 P Mowbray; 298 C Nicholson; 299 J Pyrah; 300 J Jarvis; 301 T Hely; 302 R Beynon; 303 E Thompson; 304 D Ovens; 305 N Cruden; 306 S Brown; 307 T Hobish; 308 S Oh-ishi; 309 M Holdsworth

FALKIRK VICTORIA HARRIERS—Colours: Black/Gold Band.
310 N Robertson; 311 M McQuaid; 312 I Johnston; 313 R Cameron; 314 W Higgins; 315 D Gillespie; 316 J Martin; 317 S Mc Combie; 318 R Jones; 319 S Binns; 320 G Grindlay; 321 R Adams; 322 D Anderson; 323 W Grieve; 324 J Lambie; 325 D McMillen; 326 S McMaster; 327 J Sherban; 328 G Crawford

FERRANTI AC—Colours: Yellow with Black Letters.
329 A Bell; 330 J Cooney; 331 J Gavin; 332 R Watters; 333 P Caban; 334 T Ridley; 335 K Nicol; 336 J Shaw; 337 I Shaw; 338 W Fairnie; 339 R Nicolson; 340 P Toohey; 341 E Mc Donald

FIFE A.C.—Colours: White Vest with Blue Band.
342 T Mitchell; 343 H McKay; 344 C Ross; 345 M Batley; 346 K Harkness; 347 J Cunningham; 348 A Davies; 349 S Quinn; 350 M McNaught; 351 G Breslin; 352 D Gunstone; 353 D Francis; 354 G Bennison; 355 J Rough; 356 T Black; 357 A Cassells; 358 T Ross; 359 F Cation; 360 P Low; 361 P Buchan; 362 B Thomson; 363 L Edwards; 364 R Mair; 365 B Landers; 366 B Cruickshank; 367 A Cassidy; 368 Al. Cassidy; 369 J Holden; 370 R Hilditch; 371 M McCreadie; 372 R Morrison; 373 R Hanlon; 374 M Scobie; 375 A Gibson

FMC CARNEGIE HARRIERS—Colours: Orange and Green.
376 P Morrison; 377 I Stewart; 378 R Milton; 379 T Bowie; 380 S Gibb; 381 J Robb; 382 J Robb (Snr); 383 I McDonald; 384 B McDonald; 385 P Simpson; 386 S Ogg; 387 J McArthur; 388 A Soutar; 389 I Laird; 390 J Douglas; 391 D Armour; 392 D Forrest; 393 A Nicol; 394 B Hutchinson; 395 T Lawlor; 396 T Fernon; 397 S Greer; 398 S McKenzie; 399 C Law; 400 T Thomson; 401 K Dawson; 402 L Lawson

GALA HARRIERS—Colours: White with Green Band.
403 M Bennett; 404 G Capper; 405 G Caldwell; 406 D Darroch; 407 J Hunter; 408 T Kerr; 409 A Meikle; 410 J O'Brien; 411 R Orr; 412 J Millar; 413 I Vietch; 414 N Renton; 415 E Welch; 416 J Wilkinson; 417 R Murray

GARSCUBE HARRIERS—Colours: White Vest with Blue Band.
418 S Cullen; 419 J Dryden; 420 I Dunn; 421 D Geddes; 422 D Hepple; 423 S Irvine; 424 J McAneny; 425 P McGlynn; 426 W Marshall; 427 A Parker; 428 S Sheridan; 429 L Smith; 430 J Weir; 431 J McLaughlin; 432 F Wallace; 433 S Hosack; 434 R Mennie

GIFFNOCK NORTH A.C.—Colours: Amber with Royal Blue Hoop.
435 W Glasgow; 436 C Rankin; 437 A Stewart; 438 B Campbell; 439 A Watson; 440 C McKie; 441 B Nolan; 442 I Airdrie; 443 I Millar; 444 A Carroll; 445 M McGonnigle; 446 A Hay; 447 A McLachlan; 448 A Wyllie; 449 F Cooper; 450 K McKinlay; 451 F McCann; 452 C Thomson; 453 A Donald; 454 J Peachey; 455 J Campbell

GLASGOW UNIVERSITY—Colours: Black Vest with Gold 'G.'
456 P Fettes; 457 L Campbell; 458 A Mace; 459 G Barrie; 460 R Clark; 461 K Corbett; 462 B Campbell; 463 M Donnelly; 464 G Thompsett; 465 E Jack

GREENOCK GLENPARK HARRIERS—Colour: Sky Blue with Royal Blue and Gold Hoops.
466 T Knight; 467 A Puckrin; 468 D McLaughlin; 469 J Kerr; 470 J Carruthers; 471 S McLoone; 472 R McDonald; 473 I Cameron; 474 G Mitchell; 475 R Shaw; 476 J Smith; 477 J Sheridan; 478 G McGrattan; 479 B Jenkins; 480 J Bennet; 481 W Jukes; 482 D McNeil; 483 P Russell; 484 N Armsworth; 485 R Mitchell

GREENOCK WELLPARK HARRIERS—Colours: White with Black Hoop.
486 D MacFadyen; 487 G Gaffney; 488 G King; 489 H Muir;

490 J McKenna; 491 I McKenna; 492 W Docherty; 493 A Cameron; 494 W Stoddart; 495 A Lennox

HADDINGTON EAST LOTHIAN PACEMAKERS—Colours: Red & White Halves.
496 P Mc Donald; 497 R Hope; 498 M Dickie; 499 G Armstrong; 500 P Darling; 501 J Forte; 502 R Harris; 503 D Mc Guinness; 504 T McLean; 505 A Wallace; 506 D Bell; 507 J Baird; 508 J Morrison; 509 R Good; 510 T Harley; 511 D Slyth; 512 D Marshall

HELENSBURGH AC—Colours: Yellow/Red Horizontal Band.
513 S Styles; 514 K White; 515 D Threcker; 516 D Blount; 517 J Boyd; 518 D McDonald; 519 M Raeside; 520 W Hamilton

HERIOT-WATT UNIVERSITY HARRIERS—Colours: Light Blue/Gold Trim.
521 J Murray; 522 S Bolland; 523 B Thompson; 524 D Pickett; 525 A Kelly; 526 J Gero 527 B Connelly; 528 S Duncan

HUNTERS BOG TROTTERS—Colours: Brown Vest.
529 S Axon; 530 D Ball; 531 N Blissett; 532 R Brown; 533 R Elliot; 534 C Farquharson; 535 B Gray; 536 J Hampshire; 537 R Herries; 538 D Howarth; 539 C Hunter; 540 A Jenkins; 541 P Keightley; 542 G Lilliendale; 543 N McIntyre; 544 J Mackay; 545 J McKay; 546 G Mitchell; 547 P O'Kane; 548 P Rodgers; 549 R Rodgers; 550 E Scott; 551 G Simpson; 552 D Taylor; 553 R Thomas; 554 I Wallace; 555 S Wright

IBM SPANGO VALLEY AC—Colours: Vertical Yellow/Blue Stripes.
556 W Broadley; 557 D Campbell; 558 E Campbell; 559 G Clark 560 J Connaghan; 561 S Connaghan; 562 C Cromar; 563 S Dalgleish; 564 D Docherty; 565 J Gallagher; 566 S Hodge; 567 I MacDonald; 568 D Martin; 569 R Martin; 570 D McCabe; 571 E McKee; 572 S Norval; 573 C Robison; 574 C Leck; 575 J Smillie; 576 R Hyett; 577 C Spence; 578 E Watt; 579 T Wilkie; 580 D Olding; 581 T Tracey; 582 D Munro; 583 T Graham; 584 M Girolami; 585 M Hicks; 586 A Galbraith; 587 L McMahon; 588 J Benson; 589 W McArthur; 590 G McNamee; 591 R Mc Kechnie; 592 C Black; 593 D McLarty; 594 D McGarrity; 595 B Johnstone; 596 G Davidson; 597 T Murray; 598 A Page; 599 T McAllion; 600 L Bremner

INVERNESS HARRIERS—Colours: Gold/Maroon Diagonal.
601 J Bowman; 602 A Murchison; 603 G Herbert; 604 B Fraser; 605 G McDowell; 606 P Farquharson; 607 C Jarvie; 608 G Box; 609 J Davidson; 610 R McLennan; 611 P Crowe; 612 G Mitchell; 613 C Forbes;

IRVINE AC—Colours: Red with Black Trim.
614 J Surgeoner; 615 C Miller; 616 J White; 617 B Craig; 618 F Dowell; 619 B Richardson; 620 J Morton; 621 J Davidson; 622 F Collier; 623 A Sheddin; 624 T Parker; 625 D Kerr; 626 W Dale; 627 B Adam; 628 A McLatchie; 629 A Rennie; 630 R Cheyne; 631 G Irvine; 632 F Howat; 633 D Campbell; 634 J Bailey; 635 W Howat; 636 J McNamee; 637 D Miller; 638 J Stevenson; 639 M Flinn

JOHN GREIG (BUILDERS) CENTRAL A.C.—Colours: Yellow with Blue Trim.
640 A Moss; 641 G McHardy; 642 A Greasley; 643 J Dickson; 644 A Johnstone; 645 S Laing; 646 J Spalding; 647 P Paterson; 648 H Fleming

JOHNNIE WALKER KILMARNOCK HARRIERS—Colours: Royal Blue/2 Diagonal White Stripes.
649 G Reid; 650 J Goldie; 651 F Evans; 652 G Morton; 653 D Mitchell; 654 W Robertson; 655 G Cairns; 656 I Drummond; 657 W McPhail; 658 R Ferguson; 659 A Allardyce; 660 E Toner; 661 A Graham; 662 I Merry

KILBARCHAN A.C.—Colours: Gold Vest with Black Hoop.
663 T Anderson; 664 R Barr; 665 D Blackburn; 666 J Carruth; 667 G Fairley; 668 U Geddes; 669 G Gibson; 670 J Gibson; 671 J Goudie;

672 T Hearle; 673 A McAngus; 674 R McCulloch; 675 I McDougal; 676 M McGinlay; 677 J McMillan; 678 D Mewse; 679 D Paterson; 680 D Petrie; 681 R Quinn; 682 H Ross; 683 A Ross; 684 A Smith; 685 J Snodgrass; 686 E Taylor; 687 G Tenney; 688 R Fitsimmons; 689 D Hogg; 690 P Christie; 691 I McLean

LASSWADE A.C.—Colours: White with 2 Blue Bands broken by Single Red Band.
692 R Kettles; 693 A McIntosh; 694 R Aitken; 695 A Smith; 696 A Cummings; 697 A Hubble

LAW AND DISTRICT A.C.—Colours: Amber Vest with 2 Red Bands and 1 White Band.
698 A Russell; 699 A Ramage; 700 J Aitken; 701 W Weir; 702 I McFarlane; 703 P Kelly; 704 R Findlay; 705 W Drysdale; 706 A Brown; 707 C Barbour; 708 B Dickson; 709 J Rowley; 710 J Frood; 711 J Muir; 712 J Reid; 713 C Lennox; 714 D Barr; 715 A Cardwell; 716 J Gourlay; 717 W Scoular.

LESLIE DEANS RACING CLUB—Colours: Cherry Vest.
718 A Robson; 719 J Robson; 720 T Hanlon; 721 I Brown; 722 S Cohen; 723 M Coyne; 724 M Coyne (Snr); 725 P Fleming; 726 D Gardiner; 727 J Graham; 728 S Kerr; 729 B Kirkwood; 730 F McGowan; 731 D Ross; 732 J Ross; 733 K Smith; 734 D Wilkinson; 735 K Chapman; 736 A Riddle; 737 S Quinn

LIVINGSTON AC—Colours: Yellow with Green Stripes/Red Lettering.
738 G Ackland; 739 T Brand; 740 S Conway; 741 J Cunnane; 742 S Dempsey; 743 P Dymoke; 744 C Eades; 745 G Gilhooley; 746 B Hartman; 747 M Henck; 748 M Kassyk; 749 M Leadbetter; 750 I Leggatt; 751 C Meek; 752 A Robertson; 753 B Stewart; 754 C Walton; 755 P West; 756 L Whyte; 757 S Hyslop; 758 R Galloway; 759 S Meek; 760 R Lee

LOUDOUN RUNNERS AC—Colours: Royal Blue/ 3 Horizontal Yellow Bands.
761 C Souter; 762 D White; 763 J H Baird; 764 M Vallely; 765 W Robb; 766 J Baird

'LUCOZADE' MOTHERWELL DISTRICT AC—Colours: Red/White Edging.
767 J Hughes; 768 J Tracey; 769 J Hutchison; 770 J Roan; 771 R Relter; 772 J Mc Morrow; 773 A Gamble; 774 T Mooney; 775 A Smith

MARYHILL HARRIERS—Colours: Royal Blue with Red.
776 M Gallacher; 777 J Micoud; 778 K Stevenson; 779 A Gallacher; 780 G Robertson; 781 D Shearon; 782 P Kearney; 783 L McCue; 784 J Mc Cartney; 785 M McCartney; 786 R Mardle; 787 J McLevy

METRO ABERDEEN RUNNING CLUB—Colours: Red Vest.
788 F Clyne; 789 K Farquhar; 790 S Forbes; 791 D Gunn; 792 P Jennings; 793 G Main; 794 N Milovsorov; 795 B Moroney; 796 D Murray; 797 A Neaves; 798 J Strachan; 799 R Taylor; 800 K Varney; 801 D Watt; 802 I Williamson; 803 C Youngson

MILBURN HARRIERS—Colours: Light Blue Vest/Dark Blue Diagonal.
804 J Brown; 805 R Hurt; 806 P Burns; 807 W Smillie; 808 C Smith; 809 G Kickel

PERTH STRATHTAY HARRIERS—Colours: Orange/Blue Trim.
810 D Knight; 811 M Paxton; 812 K Smith; 813 D Weir; 814 T Quigley; 815 G Watson; 816 S Mc Cabe; 817 E Bell-Scott; 818 F Gadger; 819 T Rhodes; 820 N Watson;

RENFREW AC—Colours: Gold/Red & Blue Hoop.
821 R McKenna; 822 S Hards; 823 D Brines; 824 P Lunney; 825 A Waterston; 826 G MacArainn

SHETTLESTON HARRIERS—Colours: Blue/Gold Band.
827 D Buchanan; 828 J Cairney; 829 D Cameron; 830 W Coyle; 831 B Crowe; 832 J Donnelly; 833 D Gilmour; 834 J Hendry; 835 G Kirk;

836 A Little; 837 J Mackay; 838 A MacCormick; 839 J Mc Call; 840 G McKie; 841 B McMonagle; 842 D McMorran; 843 J Morrison; 844 B Scally; 845 J Sorrie; 846 C Thomson; 847 S Whitehill; 848 G Wight; 849 E Wilkinson; 850 D Williams; 851 R Loughran

SPRINGBURN HARRIERS—Colours: Navy Blue/White Diamond.
852 A Callan; 853 T Hoy; 854 J Hastie; 855 H Gorman; 856 J Bell; 857 J Harper; 858 F Wright; 859 S Grimshaw; 860 A McKee; 861 G Braidwood; 862 G Crawford; 863 A Chalmers; 864 A Mc Indoe; 865 P Laing; 866 J Owens; 867 Ad Callan; 868 J Cooper

ST ANDREWS UNIVERSITY CCC—Colours: White Vest/2 Blue Bands.
869 P Gregoire; 870 S Moss; 871 A Russell; 872 C Noble; 873 D Willmott

STORNOWAY RC—Colours: Red Vest/Yellow Hoop.
874 J Adkin; 875 C Alan; 876 B Bean; 877 A Cunningham; 878 D Flett; 879 I MacKay; 880 A McMahon; 881 R Munro

TEVIOTDALE HARRIERS—Colours: White Vest/Maroon Band.
882 N Maltman; 883 C Nichol; 884 A Casson; 885 C Scott; 886 J Darcy; 887 J Marsh; 888 A Reid; 889 B Knox; 890 D Cavers; 891 B Neilson; 892 B Emmerson; 893 G Henry; 894 B Spence; 895 A Renwick; 896 D Carruthers; 897 R Rae; 898 F Cannon; 899 R Cranston; 900 R Templeton; 901 S Combe; 902 B Law; 903 I Elliot; 904 D Clyne

TROON TORTOISES AC—Colours: Yellow Vest/2 Black 1/2 Hoops.
905 G McGregor; 906 S Robertson; 907 M Sunley; 908 B Mc Keating; 909 J Dunlop; 910 I Beattie; 911 V Daly; 912 O Light; 913 W Spark

VICTORIA PARK AC—Colours: Blue & White Hoops.
914 A Douglas; 915 C Little; 916 S Barnett; 917 S Gilmour; 918 A Adams; 919 J Doyle; 920 P Wilson; 921 R Blair (V); 922 G Greenhalgh; 923 K Brown; 924 K McVey; 925 A Mc Nicol; 926 I Anderson; 927 R Blair; 928 B Watson; 929 M McLetchie; 930 R Wood; 931 C Greenhalgh; 932 M Wallace; 933 T Hely

WESTERLANDS CCC—Colours: Yellow Vest/Black "W" on Back.
934 A Bennet; 935 D Scott; 936 A Cameron; 937 D Calder; 938 I Struthers; 939 M Rigby; 940 P Cairns; 941 G Orr; 942 K Adams; 943 J Wellings

INDIVIDUALS

944 G Allsop, Arran Runners	965 S Dickson, JW Kilmarnock Harrs
945 D Padden, Arran Runners	966 G Mc Lean, Kirkintilloch Olymps
946 B Robertson, Arran Runners	967 C Burns, Kirkintilloch Olymps
947 D Frew, Bo'ness RR	968 R Brown, Kirkintilloch Olymps
948 J Spowart, Bo'ness R R	969 E McNair, Kirkintilloch Olymps
949 A Snedden, Bo'ness RR	970 J Hunter, Larkhall YMCA Harrs
950 A Geroe, Bo'ness RR	971 R Gardiner, Larkhall YMCA Harrs
951 J McWhinnie, Carnethy Hill RC	972 D Armstrong, Linlithgow Ac
952 A Spenceley, Carnethy Hill RC	973 J Sands, Linwood Pentastar AC
953 G Balfour, Cumbernauld AC	974 A Johnstone, Linwood Pent. AC
954 D Auchie, Dalry Thistle BC	975 D Crumpton, Linwood Pent. AC
955 I Auchie, Dalry Thistle BC	976 T McBurnie, Linwood Pent. AC
956 A McDowall, Dalry Thistle BC	977 R Cant, Lochaber AC
957 E Welsh, Dalry Thistle BC	978 R Boswell, Lochaber AC
958 N Duthie, Dundee RR	979 A Millard, Merchiston C. S.
959 M Turner, FMC Carnegie Harrs	980 G Milne, Moray RR
960 C Brash, Girvan AC	981 W Robertson, Moray RR
961 N Taylor, Girvan AC	982 F Scott, Moray RR
962 J Maxwell, Girvan AC	983 K Prosser, Moray RR
963 I Hislop, Harmeny AC	984 G Sim, Moray RR
964 D Cooper, Harmeny AC	985 D Cairns, Penicuik Harrs

986 S Davidson, Penicuik Harrs
 987 C Graham, Penicuik Harrs
 988 M McEwan, Penicuik Harrs
 989 A Reid, Peterhead AC
 990 A Hastie, Peterhead AC
 991 I Small, Peterhead AC
 992 J Brown, Strathclyde Uni. AC
 993 I Botheroyd, Strathclyde Uni. AC
 994 A McBeth, Strathclyde Uni. AC
 995 C Delahunty, Strathclyde Uni. AC
 996 R B'Cair, Strathclyde Uni. AC

997 G Fidler, Stranraer AC
 998 E Dickson, Stranraer AC
 999 G Booth, Stranraer AC
 1000 R Wallace, Tayside AC
 1001 J Garnett, Unattached
 1002 T McIntosh, Whitburn AC
 1003 E Murray, Whitburn AC
 1004 P Melrose, Whitburn AC
 1005 C Fredrikson, Whitburn AC
 1006 R McHarg, Windsor, S. & E. AC

Individual 1st Time
 2nd Time
 3rd Time
 Team Race 1st Pts.
 2nd Pts.
 3rd Pts.

2nd ANNUAL SENIOR/JUNIOR WOMEN'S CHAMPIONSHIP

(Over 17 years of age as at the 1st September, 1993)

Distance 4 miles/6400m

The winning team to hold the "Daily Record Trophy" for 12 months

The winning individual to hold the "Mary Semple Trophy" for 12 months

UNDER-20 WOMEN—1st, 2nd, 3rd Individual and 1st Team will receive an award

THE RACE WILL START AT 3.10 p.m.

Title Holders 1993 — Edinburgh Woollen Mill AC

Individual winner 1993 — V Mc Pherson (Glasgow University H&H)

TEAMS NOT LESS THAN 3 AND 3 TO COUNT

ABERDEEN A.C.—Colours: White Vest/two Red Hoops.

1, L Davidson (J); 2, A Ramsay; 3, D Kilner; 4, N Mackinnon; 5, A Orme; 6, T Brindley; 7, S Blackadder; 8, S Armitage.

BABCOCK THORN PITREAVIE—Colours: White Vest/Gold Trim.

9, L Barclay; 10, M Healy; 11, T Thomson; 12, A Paterson; 13, M Kelly.

CALDERGLEN HARRIERS—Colours: Amber/Black Vertical Stripes.

14, G Dees; 15, L Curley; 16, M Connel.

CITY OF GLASGOW—Colour: Royal Blue/Central Green Panel.

17, A Potts (J); 18, J King (J); 19, C Miller (J); 20, C Leitch (J); 21, V McPherson; 22, A Sym; 23, E Cochrane; 24, C Thomson; 25, C A Thompson; 26, B Cockburn; 27, L McIntyre; 28, J McDevitt; 29, J Thomson; 30, S McDonald; 31, C Fairweather; 32, E Grant.

CUMNOCK & DISTRICT A.C.—Colours: Black/ Red Diag Band.

33, C Nichol; 34, I Wilson; 35, E Wyllie.

DUNDEE HAWKHILL HARRIERS—Colours: Royal/White Quarters.

36, G Hanlon; 37, M Rennett; 38, S Hales; 39, A Johnstone; 40, A McLean; 41, M Vannet.

EDINBURGH A.C.—Colours: White/two Black Diags.

42, H Nolan; 43, P Rother; 44, F Kay; 45, K Grealy; 46, C A Grey; 47, E Ryan.

EDINBURGH UNIV H & H—Colours: Green/White Side Panels.

48, M Smith (J); 49, A Mc Manus (J); 50, D Nixon (J); 51, M Crawshaw (J); 52, H Parkinson (J); 53, K Macmillan; 54, M Colman; 55, S Jones; 56, S Scarrot; 57, M Todd; 58, S Drayson.

EDINBURGH WOOLLEN MILL A.C.—Colours: White/two Blue Horizontal Stripes

59, M Stott (J); 60, A Smith; 61, S Ridley; 62, S Gollan; 63, K Mc Callum; 64, A Rose; 65, J Ewing.

FALKIRK VICTORIA HARRIERS—Colours: Black/Gold Band.

66, L Cherrie (J); 67, C Lanless; 68, M Swanson; 69, A Douglas; 70, J Stevenson.

FIFE A.C.—Colours: White Vest/Red Band
 71, M Mc Laren; 72, C Brown; 73, P Lemoncello; 74, K McGregor.
 FMC CARNEGIE HARRIERS—Colours: Orange and Green.
 75, J Thomson; 76, M Taggart; 77, S McDowell; 78, S Legge.
 GIFFNOCK NORTH A.C.—Amber/Royal Blue Hoop.
 79, J Armstrong; 80, M Taylor; 81, C Hood; 82, B O'Neil; 83, V Kerr; 84, R Fordyce; 85, A Carroll; 86, M Southern; 87, I Bruce.
 GLASGOW UNIVERSITY A.C.—Colours: Black/Gold
 88, J Cuthill (J); 89, P Gourley (J); 90, G Fowler (J); 91, S Toylin (J); 92, J Cliffe; 93, M Jeffrey; 94, J Roxburgh; 95, H Dixon; 96, L Edmonson; 97, J Stewart.
 IBM SPANGO VALLEY A.C.—Colours: Vertical Yellow/Blue Stripes
 98, M Blaikie; 99, C Docherty; 100, C Gibson; 101, A M McKee.
 IRVINE A.C.—Colours: Red Vest/Black Trim
 102, J Byng; 103, H Morton; 104, M Miller; 105, K Melville; 106, E McGarry; 107, S Hatch; 108, N Donaldson.
 KILBARCHAN A.C.—Colours: Gold Vest/Black Band.
 109, C Heron (J); 110, S Geddes (J); 111, M Menzies; 112, H Melville; 113, S Kennedy; 114, C Geddes; 115, J Murray; 116, M Moore; 117, S Moore; 118, T Gordon; 119, J Gould; 120, S Buckeridge; 121, E McMillan.
 LASSWADE A.C.—Colours: Two Blue Bands/Red Between-On White.
 122, B Veitch (J); 123, W Christie (J); 124, F McKinnon; 125, J Neil; 126, W Kerr; 127, D Mc Donald; 128, J Phillips; 129, K Meikle.
 LIVINGSTON & DIST A.C.—Colours: Yellow/Green Stripes.
 130, L Eades; 131, J Fallon; 132, L Galloway; 133, P Hawtin; 134, J Henck; 135, M Hyman; 136, L Ravour; 137, J Salvona.
 'LUCOZADE' MOTHERWELL—Colours: Red/White Trim
 138, W Nicholson (J); 139, P Wilson; 140, P Allen; 141, K Wilson; 142, G Kennah; 143, C Ralston.
 MINOLTA BLACK ISLE A.C.—Colours: Black/Red Diagonal.
 144, T Bethune (J); 145, C Falconer (J); 146, F Thin.
 MORAY ROAD RUNNERS—Colours: Dayglow Yellow/Black Trim
 147, M Stewart; 148, F Wardhaugh; 149, P Wheeler; 150, L Davidson.
 SHETTLESTON HARRIERS LADIES—Colours: Royal Blue/Gold Band.
 151, K Scobie; 152, E Mackay; 153, J Harvey; 154, S Robertson; 155, M Daly; 156, D Hamilton; 157, E McBrinn; 158, A M Hughes; 159, M Brown.
 ST ANDREW'S UNIVERSITY—Colours: White/two Blue Bands.
 160, C Hudson (J); 161, F Thyne (J); 162, C Plant (J); 163, J Inman (J); 164, H Feildew (J); 165, J Clark (J); 166, A Brewin (J); 167, J McGrowth (J); 168, J Bates; 169, H Deane.
 STRATHCLYDE UNIVERSITY—Colours: Burgundy Vest Univ Crest.
 170, C Fairweather; 171, Cath Fairweather; 172, C Duffy; 173, C Miller; 174, C Gemmel.
 STRATHKELVIN LADIES A.C.—Colours: Navy Vest/Green Side Trims.
 175, L Chisholm (J); 176, D Paterson (J); 177, M Gemmell.
 WESTERLANDS C.C.C.—Colours: Yellow/Black 'W' on Back
 178, P Mc Laughlin; 179, E Scott; 180, H McPherson; 181, H Diamantides; 182, M Scott; 183, J Cairns; 184, M Thomas; 185, P McAdam.

INDIVIDUALS

186, L Shaw (J), Arbroath & Dist A.C. 191, J Hall (J), Cramlington A.C.
 187, S Craig, Ayr Seaforth A.C. 192, G Walker, Cumbernauld A.C.
 188, S White, Ayr Seaforth A.C. 193, D McLean, Cumbernauld A.C.
 189, C Menhennet, Clydesdale H. 194, C Dunn, Dumfries R.C.
 190, S Law, Corstorphine A.C. 195, E Reid, East Kilbride A.C.

196, Y Kirkwood, East Kilbride A.C. 212, K Todd, JW Kilmarnock Harriers
 197, J Kitching (J), Gateshead H. 213, C McLaughlin, Larkhall YMCA H.
 198, H Stevenson (J), Gleniffer H. S. 214, R McAleese, Linlithgow A.C.
 199, E O'Brien, Greenock Glenpark H. 215, A M Reid (J), Lochaber A.C.
 200, J Smith, Greenock Glenpark H. 216, H Searle, Lochaber A.C.
 201, B Kitching, Helensburgh A.C. 217, A Higgins, Loudoun R. A.C.
 202, A Milne, Helensburgh A.C. 218, E Gallagher, N. Shields Poly A.C.
 203, A Caldwell (J), Heriot Watt Univ. H. 219, V Crawford, Perth Straththay H.
 204, C Sharp, Heriot Watt Univ. H. 220, W Duigan, Perth Straththay H.
 205, A Buckley, Hunters Bog Trotters 221, M Kautova, Prague
 206, L McGarrity (J), IBM S. Valley 222, EA Paton, Troon Tort. A.C.
 207, S Macrae (J), Inverness Harriers 223, M Robertson, Troon Tort. A.C.
 208, J Wilson, Inverness Harriers 224, N L Brown, Tynedale Harriers
 209, B Hunter, J Greig (Build.) Central 225, L Marr, Tynedale Harriers
 210, K Henderson, J Greig (Build.) Cen. 226, S Kennedy (J), Victoria Park A.C.
 211, L Cairns, JW Kilmarnock Harriers 227, P Simpson (J), Wirral A.C.

SENIOR WOMEN

Individual	1st	Time
	2nd	Time
	3rd	Time
Team Race	1st	Pts.
	2nd	Pts.
	3rd	Pts.

JUNIOR WOMEN

Individual	1st	Time
	2nd	Time
	3rd	Time
Team Race	1st	Pts.
	2nd	Pts.
	3rd	Pts.

2nd ANNUAL U-18 MEN'S CHAMPIONSHIP

(Over 16 but under 18 as at the 1st January, 1994)

Distance 4 miles/6400m

The winning team to hold the "Bryson Cup" for 12 months

The winning individual to hold the "Goodwin Bowl" for 12 months

THE RACE WILL START AT 3.40 p.m.

Title Holders 1993 — Cambuslang Harriers

Individual Winner 1993 — T Winters (Edinburgh AC)

TEAMS NOT LESS THAN 4 AND 4 TO COUNT

ABERDEEN A.C.—Colours: White Vest/ 2 Red Hoops.

1, J Chalmers; 2, G Kennedy; 3, A Love; 4, C Smith; 5, D Ramsay; 6, S Covington.

CAMBUSLANG HARRIERS—Colours: Red Vest with White Band

7, A Reynolds; 8, A Piancentini; 9, S Kennedy; 10, I Reid; 11, M Gallacher; 12, B McGuire; 13, P L'Anson; 14, M Cranley; 15, G McCafferty.

EAST KILBRIDE A.C.—Colours: Gold, two Black Bands.

16, D Lightbody; 17, D Bell; 18, J Madden; 19, C Clement; 20, F Fulton.

EDINBURGH A.C.—Colours: White/two Black Diag Bands.

21, K Daley; 22, M Marshall; 23, S Williamson; 24, M McNaughton; 25, R Stewart.

FALKIRK VICTORIA HARRIERS—Colours: Black/Gold Band.

26, R Smith; 27, J MacDonald; 28, K Blair; 29, M Horsman.

FIFE A.C.—Colours: Red Band on White.

30, V McPherson; 31, D McGregor; 32, R McFarlane; 33, I Wallace; 34, S Shaw; 35, W Leggate.

GEORGE HERIOT'S SCHOOL—Colours: White with Blue Band.

36, N Young; 37, G Robertson; 38, S Fernando; 39, C Goodard.

IBM SPANGO VALLEY A.C.—Colours: Royal Blue/Yellow Vert Stripes.

40, B Knight; 41, D McDonald; 42, D Watson; 43, P O'Brien.

INVERNESS HARRIERS—Colours: Gold/Maroon Band.

44, P McIntyre; 45, A Thompson; 46, S Boyne; 47, D McCrae.

KILBARCHAN A.C.—Colours: Gold Vest/Black Band.

48, C Douglas; 49, G Sommerville; 50, B Byrne; 51, R Girvan; 52, A Mitchell; 53, C Morrow.

LAW & DISTRICT A.C.—Colours: Amber, Red & White Hoops.

54, B McLean; 55, D Muir; 56, C Moffat; 57, S Chalmers; 58, C Donnelly; 59, J Lennox.

MINOLTA BLACK ISLE A.A.C.—Black with Red Diag Band.

60, K Buchanan; 61, S Lannigan; 62, M Walmsley; 63, E Naismith; 64, A Gillespie.

MORAY R.R.—Colours: Dayglow, Black Trim.

65, R Ramshaw; 66, R Milne; 67, S Robertson; 68, S Scott; 69, K Morice; 70, S Paterson.

TAYSIDE A.C.—Colours: Pale Blue/Black.

71, N Skinner; 72, G Gatherer; 73, G Tosh; 74, S Mills; 75, D Wightman; 76, R Henderson.

VICTORIA PARK A.C.—Colours: Blue/White Hoops.

77, E Cameron; 78, A Young; 79, M Baillie; 80, P Kerr; 81, M Smith; 82, G Hillier; 83, A Murray; 84, D Gorman.

INDIVIDUALS

85, R Buist, Arbroath & Dis. A.C.	108, A McDonald, Giffnock North
86, J McCarle, Arbroath & Dis. A.C.	109, A Clugston, Gleniffer High S.
87, L Jones, Arbroath & Dis. A.C.	110, A Hastie, Gleniffer High S.
88, J Thomson, Avonside T.C.	111, C Hastie, Gleniffer High S.
89, R Neil, Ayr Seaforth A.C.	112, P Dennis, Helensburgh A.C.
90, P Riddell, Ayr Seaforth A.C.	113, P Mackie, Irvine A.C.
91, B Robinson, Ayr Seaforth A.C.	114, D McInroy, Irvine A.C.
92, S Chisholm, Bab. Thorn Pit. A.C.	115, A Anthony, J Greig (Build.) Cen.
93, A Donaldson, Bab. Thorn Pit. A.C.	116, S McArthur, J Greig (Build.) Cen.
94, G Kelly, Bab. Thorn Pit. AC	117, A Drummond, J W Kilmarnock H.
95, D Roache, Clydesdale Harriers	118, A Kidd, J W Kilmarnock H.
96, C Lyle, Clydesdale Harriers	119, N Lyall, Lasswade A.C.
97, M Anderson, Costorphine A.C.	120, S Murray, Lasswade A.C.
98, K Mason, Cumnock & Dis. A.C.	121, B Brooks, Lochaber A.C.
99, M Nolan, Cramlington A.C.	122, G Skinner, Maryhill Harriers
100, M Southern, Cram/ton A.C.	123, S Singh, Maryhill Harriers
101, C Bannon, Cram/ton A.C.	124, D Swan, Merchiston C. S.
102, B Mageean, Cram/ton A.C. (N/C)	125, C Crawford, Merchiston C. S.
103, S Monaghan, Dundee Hawk. H.	126, R Morris, Peterhead A.C.
104, B McGuire, Dundee Hawk. H.	127, K Hastie, Springburn Harriers
105, A Lamb, Dundee Hawkhill H.	128, D Houston, Springburn Harriers
106, A Brown, Edinburgh South. A.C.	129, R Cook, Teviotdale Harriers
107, A Milliagan, 'FMC' Carnegie H.	130, A Cardwell, Teviotdale Harriers

Individual	1st	Time
	2nd	Time
	3rd	Time
Team Race	1st	Pts.
	2nd	Pts.
	3rd	Pts.

SCOTTISH ATHLETICS FEDERATION



FOR THE ATTENTION OF TEAM MANAGERS AND CLUB OFFICIALS

Recent reports of vandalism at Cross Country events is giving cause for concern. Not only is this type of behavior damaging other people's property, it is damaging the sport of athletics and must be curtailed now.

It is a great pity that needless acts can spoil what can otherwise be a successful day for competitors, officials and spectators, so it is up to everyone to see that it does not happen at Irvine today. Such incidents can only serve to bring the sport into disrepute and make it more difficult for organisers to obtain future premises and sponsors.

The Convening committee appeal to all team captains and club officials to make every effort to see that athletes under their supervision behave in a proper manner and also to report any acts of misbehaviour by other runners to an S.A.F. official.

It is regrettable that it has been necessary to make this appeal, but it must be made and made in the strongest possible terms, so that the problem is highlighted and the proper action taken.

Your co-operation would be appreciated.

SCOTTISH ATHLETICS FEDERATION



ACKNOWLEDGEMENTS

The President, Officers and Members of the Scottish Athletic Federation wish to express their grateful thanks to all who have helped with the organisation and running of today's Championships.

The assistance of the following is especially appreciated:

AT MAYS The Travel Agents
Cunninham District Council
Irvine Development Corporation
Magnum Leisure Centre
St. Andrews Ambulance Service
John Aird of Darvel
Ayrshire Harrier Clubs Association
"Hawick News" Printing Works
Strathclyde Sound System

COVER PHOTOGRAPH:
NATIONAL SENIOR MEN'S CHAMPIONSHIP
IRVINE, 1992

AUTOGRAPHS

AUTOGRAPHS



A great place
to live -
a great place
to visit



A modern seaside town with all the ingredients of a great day out - a country park, the massive Magnum leisure centre, a fun fair, the Scottish Maritime Museum and a seemingly endless supply of golf courses - making Irvine one of Scotland's favourite day-trip venues.

If you've never been, give it a try. If you've been before, we look forward to seeing you again.



All leisure enquiries to:
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Perceton House, Irvine
KA11 2AL
Tel: 0294 - 214100